



KABHA

Korean American Behavioral Health Association

46-61 160th Street Flushing, NY 11358 Tel: 917-554-5347 Email: haein68@yahoo.com

Vol. 1, No. 1 Fall 2002

Edited by
Paja Lee Donnelly

Designed by
Yonghee Park

In this issue:

KABHA Mission statement,
vision and objective 1

What is KABHA?
To be a member of KABHA,
Benefits of being a KABHA
member,
Responsibilities of being a
KABHA member 2

From the President 3

Announcement 4

*Our mission is to promote
the behavioral health of
the Korean American
Community of the TRI-State.*

KOREAN AMERICAN BEHAVIORAL HEALTH ASSOCIATION

TRI-State, New York

MISSION

The mission of the Korean American Behavioral Health Association (KABHA) is to promote the behavioral health of the Korean American Community of the TRI-State (NY, NJ and Connecticut).

VISION

Our vision is to be a multidisciplinary Korean American Behavioral Health professional team promoting, advocating, and providing behavioral health services and education for the Korean Americans in the TRI-State.

GOALS

1. Provide behavioral health services to the Korean Americans in need.
2. Educate the public to promote behavioral health and to increase community awareness in order to reduce social stigma associated with mental illness.

OBJECTIVES

1. To develop a network for behavioral health service availability to the Korean Community.
2. To provide behavioral health service to the Korean Americans via community health fairs, workshops, or a behavioral health promotion day
3. To develop a support group for behavioral health professionals for professional growth and development.
4. To collaborate with various Korean American community organizations to promote behavioral health of Korean Americans.

What is KABHA?

The Korean American Behavioral Health Association (KABHA) is non-for-profit multidisciplinary professional organization composed of psychiatrists, psychiatric nurses, social workers, and psychologist in the Tri-State area. KABHA is the first and the only Korean American multidisciplinary organization in the Tri-State area devoted exclusively to the needs and interests of mental health professionals in Korean background. Emergence of KABHA was to meet the challenges of mental health needs and demands in the Korean community. Founded in the fall of 2001 to serve Korean American community and efforts to increase public awareness in order to reduce social stigma associated with mental illness.

TO BE a member of KABHA.

There are three levels of KABHA membership open to a mental health professionals: Regular members, lifetime members, and honorary members.

1. General members require meeting the education requirements, licensed or certified to practice mental health.
2. Lifetime membership is to meet the requirement of one time donation of \$500.00 or more to the association.
3. Honorary members are individuals who made significant contribution toward the goals and objectives of the KABHA.

BENEFIT of being a KABHA member.

1. Subscription to KABHA Newsletter.
2. Networking and support among multidisciplinary mental health professionals for professional growth and development.
3. Opportunity to participate behavioral health service to the Korean Americans via community health fairs or a behavioral health promotion day.
4. Eligible to attend or participate in sharing professional work experiences and expertise.

RESPONSIBILITIES of being a KABHA member.

1. Annual membership fee.
2. Annual and general meetings attendance.
3. Commitment working toward KABHA goal
4. Participation of community services.

COMMUNITY SERVICES PROVIDED

4/21/02

Alzheimer's disease & prevention.
The United Methodist Korean Church of Astoria.
Astoria, NY

5/4/02

Alzheimer's disease, & family support.
Sheraton La Guardia Hotel, Flushing, NY

6/11/02

Dementia & depression for the elderly.
The Presbyterian Church of Queens, Flushing NY

6/16/02

How to prevent alcohol and substance abuse of adolescence.
The United Methodist Korean Church of Astoria.
Astoria, NY

Presidential address
Dr. Hae Ahm Kim

Who should take care of Immigrants' Minds and Hearts?

I would like to begin with the story about how I got involved with this group of young and devoted professionals who seem to share the spirit of Korean "jeong." I am retired from 23 years service of Community Hospital Psychiatry and I have been donating my time to Korean Family Service of New Jersey. The Korean American Behavioral Health Association (KABHA) has organized a body of professional cooperation to enhance the role of guardian to protect the interests of unfortunate fellow citizens. The KABHA is a multidisciplinary professional group to fulfill the delivery of better mental health services to the Korean-American community. I have been thinking about various functions this group could carry out

I strongly feel the need of KABHA in the Korean community exists, because the Korean-American public felt for long time that there are enough professional mental health practitioners but there is not enough quality control. I think it is about time that Korean community should go for the quality services. An increasing number of Korean-American second and 1.5 generation professionals are entering the field. I joined this group for the love of knowledge that our younger generation will bring fresh knowledge and skills that we would like to keep growing through collegiality. Another factor was to help young professionals in the field to get acquainted with first generation practitioners as mentors. I believe we need this kind of intergenerational relationship and dialogue to enhance the continuity of Korean American Heritage.

Finally, I envision this group could help not only the clinic like Hamilton-Madison-House but also any counseling organizations with supportive and consultative functions, as well as render crises intervention, educational seminar, and joint public educational programs. This group can utilize their expertise on issues like chronic and genetic mental disorders, severe family conflicts, children with severe developmental disorders, substance abuse, compulsive gambling, and domestic violence. Since direct clinical services to the community may not be the best interest for the KABHA this group does not want to hinder private practice in principle. I would like to conclude with extending the best wishes and good luck to those recent graduates and already engaged in clinical practice.

Hae Ahm Kim, MD,
Psychiatrist, Psychoanalyst.

President

The Korean American Behavioral Health Association announces the election of its officers and the structure of the KABHA.

President

Hae Ahm Kim, MD,
Psychiatrist, Psychoanalyst.

Vice Presidents

Chang Sam Suh, MD,
Psychiatrist
Medical Director of Safe Space
Psychiatric Consultant, Phoenix House

PaJa Lee-Donnelly, Ph.D.,
APRN, BC
Assistant Professor, NYIT
Psychiatric Nurse Practitioner

Jinah Shin, Ph.D., RN, NPP
Elmhurst Hospital,
Psychiatric Nurse Practitioner

Jenny Choi Warner, CSW
Social Worker
Director of Hamilton Madison House,
Korean Clinic

Executive Secretary

Haein Son, MSW
Social Worker
Creedmoor Psychiatric Center

Treasurer

Soyoung Chung, MSW
Social Worker
Gracie Squire Hospital

Academic Committee
Dr. PaJa Lee-Donnelly

Advocacy Committee
Dr. Chang Sam Suh

Clinical Committee
Dr. Jinah Shin

Membership Committee
Ms. Jenny Choi Warner

ANNOUNCEMENT

KOREAN AMERICAN BEHAVIORAL HEALTH ASSOCIATION

KABHA ANNUAL OPENING CONFERENCE

Date: October 18, 2002
Time: 6:30 pm – 9:45 pm
Place: 7th Floor, Gallery Room.
Sheraton LaGuardia East Hotel. Flushing, NY

The **GOALS** of the KABHA Conference

1. Introduce the evolution of KABHA to the Korean American leaders of various community organizations and the general public.
2. Educate the public for the promotion of behavioral health and increase of community awareness in order to reduce social stigma associated with mental illness.
3. To discuss current mental/behavioral health issues in the Korean American community.

PROGRAM

- 6:30 Introduction & Social Networking
- 7:00 Opening address:
Chang Sam Suh, MD, Psychiatrist
- 7:10 President's Speech:
Hae Ahm Kim MD, Psychiatrist Psychoanalyst
- 7:15 Mental Health needs of Korean American
Community:
PaJa Lee Donnelly, Ph.D. NPP, APRN
Assistant Professor, NYIT
- 7:30 Dinner
Introduction of Community leaders & members
- 8:00 Mental Health Service Utilization:
Jinah Shin, Ph.D. NPP, APRN Elmhurst
Hospital, NY
- 8:15 Post Traumatic Stress Disorder:
Carol Park. MSW/MPA,
Liberty Project Coordinator
Hamilton-Madison House
- 8:30 Treatment of depression and Schizophrenia:
Chol Lee, MD, Psychiatrist

Director of Inpatient Psychiatry
St. Vincent Hospital

8:45 Substance Abuse:
Chang Sam Suh, MD, Psychiatrist
Medical Director of Safe Space
Psychiatric Consultant,
Phoenix House

9:00 Panel Discussion:

Moderators:

Dr. Suh, Vice President
Mr. Son, Executive Secretary

Panelists:

Seong Ho Kim, MSW
Director of Public Health Program at Korean Community
Services of Metropolitan New York

Seon Ah Ahn, CSW
Senior Psychiatric Social Worker at Asian Outreach Program
of Queens Child Guidance Center, NY

Hye Suk Theresa Chong, Ph.D.
Executive Director of Korean American
Family Services Center, NY

Rev. Soon Tak Park
Executive Director of Korean American Family Love
Counseling Center, NY

Sang Sook Grace Lee
Executive Director of Youth and Family, NY

9:45 Closing

**If you have any question, please contact
Haein Son • 917-554-5347 • haein68@yahoo.com**

KABHA

KOREAN AMERICAN BEHAVIORAL HEALTH ASSOCIATION

46-61 160th Street Flushing, NY 11358

Tel: 917-554-5347

Email: haein68@yahoo.com